

Media Pack

Dr Andreadis Speaking Biography

I'm Dr Natasha Andreadis, I am Certified Fertility, Hormone Specialist and Gynaecologist from Sydney. I have a private practice and am also a Clinical Lecturer at Sydney University Medical School. I trained at RPAH, Sydney and completed my fellowship in Reproductive Medicine and Infertility (CREI) in the Netherlands and Oxford, UK.

I'm a fertility specialist with a holistic and integrated approach to managing fertility issues. I have a special interest in nutrition and environmental medicine and how these factors impact sexual and reproductive health and general wellbeing.

I have extensive experience in managing a wide range of fertility issues such as endometriosis, ovulation issues, miscarriage, unexplained infertility and PCOS. Also performing hysteroscopic and laparoscopic surgical procedures.

I have completed further studies in genetics, nutrition and health coaching. I'm also an *I Quit Sugar* expert as part of Sarah Wilson's 8 week *I Quit Sugar* program.

I enjoy the world of social media and digital content creation. Please feel free to view my YouTube channel - DR Tash TV, where I highlight the importance of diet, lifestyle, nutrition and environment when trying for a baby.

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